



# SCWC REGIONAL SWIM MEET

## Thursday 25th January – Sunday 28th January Selwyn Aquatic Centre (25m Pool)

### Thursday 25th January

- Session 1: Warm Up 5:30pm; Start 6:00pm Distance Freestyle Events

### Friday 26th January

- Session 2: Warm Up 4:45pm; Start 5:30pm 50m Events.

### Saturday 27th January

- Session 3: Warm Up 8:30am; Start 9:15am (13 & O Prelims)
- Session 4: Warm Up 1:00pm; Start 1:45pm (12 & U Timed Finals)
- Session 5: Warm Up 4:00pm; Start 4:45pm (13 & O Finals)

### Sunday 28th January

- Session 6: Warm Up 8:00am; Start 8:45am (13 & O Prelims)
- Session 7: Warm Up 12:30pm; Start 1:15pm (12 & U Timed Finals)
- Session 8: Warm Up 4:00pm; Start 4:45pm (13 & O Finals)

(Note: Final timelines will be confirmed once entries have closed)

**Technical Advisor:** Christine Cassin

**Meet Organiser:** Events Committee

**Officials Convenor:** [admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz)

***Sessions 4 and 7, 12 & U are SNZ Development Meets.***  
***All other Sessions are Open SNZ Designated Meets for 13 & O with the exception of the 400m events and 200 Butterfly which are open to 12 & O***

**Conditions of Entry**

1. All registered competitive and club swimmers are eligible to enter.
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules.
3. Only Short Course times will be accepted for entry. No LC converted times accepted.
4. Age as at 25<sup>th</sup> January 2024.
5. Entry Fees are: Individual Entry \$10.00.
6. Individual entries should be done online and close on Wednesday 10<sup>th</sup> January 2024 at midnight.
7. There will be no refunds on entry fees except as per the scratching rules.
8. Submission of entries constitutes acceptance of these Meet Rules and Conditions.
9. No late entries accepted.
10. Draft Psych Sheets, Entry Lists and Timelines will be posted on the SCWC website on Thursday 11<sup>th</sup> January. Please check names, entries and events are correct. Corrections will only be made to entries where errors have occurred. Final psych sheets, Team Entries and Timelines will be posted on the SCWC website on Tuesday 23<sup>rd</sup> January.

**MEET RULES**

**General**

1. The meet will be conducted under Swimming New Zealand's Competition and Event Policies in conjunction with the New Zealand Swimming Rules and World Aquatics regulations, except where local meet rules and Conditions apply. This includes the SCWC Technical Suit Policy for all competitors 12 years of age and under.
2. There are no qualifying times and "No Times" will be accepted.
3. Session 1, 4 and 7 events will be swum as timed finals and swum mixed gender - seeded slowest to fastest and split into age groups for final placings.  
Session 2 events will be swum as timed finals and swum single gender – seeded slowest to fastest and split into age groups for final placings.
4. Reseeding may be done at the discretion of the Technical Advisor and/or Referee.
5. Electronic timing will be used at this meet with 1 timekeeper per lane using 10 lanes.
6. Over the top starts will apply for individual events.
7. Protests shall be lodged as per SNZ Regulation 4 accompanied with the \$100.00 fee.
8. Entry into the pool for backstroke events shall be feet first. No swim back permitted.
9. Please exit the pool at the side. Do not swim over the lane ropes.
10. Cameras and Photography  
SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings are permitted for use during the meet. Photos remain copyright of the approved/accredited person.

**Scratching / Withdrawals**

1. All event scratchings received before 5.00pm on Wednesday 24<sup>th</sup> of January will be refunded. There will be no refunds after this.
2. All scratchings for Designated Meet Finals must be submitted within 15 minutes of the preliminary session being completed.

**Warm Up**

1. As per Swimming Canterbury West Coast warm-up procedure guidelines, except for Session 2 which will allocated warm-up times/lanes. A warm-up procedure instruction sheet will be issued on the website prior to the start of Session 1.
2. Warm-up is the responsibility of the clubs, coaches and swimmers involved. Officials are not responsible for managing or controlling the warm-up procedures.

## Marshalling

1. All events will be self-marshalling.

## Age Groups/Awards

1. All individual events except 200 Fly, 400m Free, 400m IM, 800m Free and 1500m Free will be resulted in the following age groups: 10 & U, 11-12, 13-14, 15-16 and 17 & O.
2. The 400m Free, 400m IM, 800m Free and 1500m Free events will be resulted 12-14, 15-16 and 17 & O.
3. The 200 Fly will be resulted 12-14, 15-16 and 17 & O.
4. There will be no medals or ribbons for this meet.
5. There will be cash prizes awarded to the winners of each event in each age group as below.
6. The Overall fastest swimmer per event regardless of age group will win the overall cash prize. This can be in addition to age group cash prizes.
7. Para Athletes will be awarded prizemoney for the 50m Events, 100m Events and the 200 IM as per the table below. The placings will be determined on a calculation of the % of the World Para Record for each classification. All Para events will be resulted as Open age group, mixed gender.

50m / 100m / 200m Event Prizes			
Age	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
10 & U	\$7	\$5	\$3
11-12	\$7	\$5	\$3
13-14	\$12	\$8	\$5
15-16	\$15	\$10	\$8
17&O	\$20	\$15	\$10
Para	\$15	\$10	\$8
Overall	\$25	---	---

200 Fly/400m / 800m / 1500m Event Prizes			
Age	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
12-14	\$12	\$8	\$5
15-16	\$15	\$10	\$8
17&O	\$20	\$15	\$10
Overall	\$25	----	----

## SKINS

- 1 There will be 4 SKINS events – 12 & U, 13-14, 15-16 and 17and Over.
- 2 Each Age Band, Male and Female SKINS will be swum consecutively on a total of 3 minute send off with the athletes being eliminated after each swim as follows:  
Round 1 – 3 athletes eliminated  
Round 2 – 2 athletes eliminated  
Round 3 – 1 athlete eliminated  
Round 4 – 1 athlete eliminated  
Round 5 – 1 athlete eliminated  
Round 6 – Final (2 athletes remain)
- 3 In the event of a dead heat (2 or more swimmers) for the last place position, these swimmers will continue onto the next round where an additional athlete will be eliminated as per the table. In the event of a dead heat in the final, prize money will be split evenly.
- 4 SKINS finalists will be determined by the combined 4 x 50m event results using the standard points. In the case of equal 10<sup>th</sup> place points, the athlete with the lowest SCWC points on any 50m event will be the first alternate.
- 5 Open SKINS are the Top 10 Female and Male across all age groups. Athletes can compete in both Age Group and Open SKINS events.
- 6 Strokes for each round will be randomly drawn by the organisers from the following strokes  
Fly, Back, Breast, Free, Fly/Bk, Bk/Br, Br/Fr, Fr/Fly.
- 7 All withdrawals for the SKINS Finals need to be submitted to the control desk no more than 15 minutes after the completion of event 10 on Friday the 26<sup>th</sup> of January 2024.
- 8 There will be a SKINS competition for Para athletes. The Para Skins Prize Money will be distributed based on the total points for the results in the 4 x 50m events. In the event of a dead heat prize money will be split evenly. All Para events will be resulted as Open age group, mixed gender.

The Male and Female Skins Competitions will receive prizemoney as follows:

Skins Event Prizes					
Age	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup> – 10 <sup>th</sup>
12 & U	\$60	\$30	\$20	\$15	\$10
Para	\$60	\$30	\$20	\$15	\$10
13-14	\$80	\$40	\$30	\$25	\$15
15-16	\$100	\$50	\$40	\$30	\$20
17&O	\$150	\$75	\$50	\$40	\$30

Thursday 26 <sup>th</sup> January	Friday 27 <sup>th</sup> January
Session 1	Session 2
12 & Over Timed Finals	Open Timed Finals
Warm Up: 5:30pm Start: 6:00pm	Warm Up: 4:45pm Start: 5:30pm
1. Mixed 12 & O 800 Freestyle 2. Mixed 12 & O 1500 Freestyle	3. Female 50 Butterfly 4. Male 50 Butterfly 5. Female 50 Backstroke 6. Male 50 Backstroke 7. Female 50 Breaststroke 8. Male 50 Breaststroke 9. Female 50 Freestyle 10. Male 50 Freestyle

Saturday 28 <sup>th</sup> January	Saturday 28 <sup>th</sup> January	Saturday 28 <sup>th</sup> January
Session 3	Session 4	Session 5
13 & Over Prelims	12 & Under Timed Finals	13 & Over Finals
Warm Up: 8:30am Start: 9:15am	Warm Up: 1:00pm Start: 1:45pm	Warm Up: 4:00pm Start: 4:45pm
11. Female 12 & O 400 IM (Fastest 10 athletes racing in Session 5) 12. Male 12 & O 400 IM (Fastest 10 athletes racing in Session 5) 13. Female 13 & O 200 Freestyle Prelim 14. Male 13 & O 200 Freestyle Prelim 15. Female 13 & O 100 Butterfly Prelim 16. Male 13 & O 100 Butterfly Prelim 17. Female 13 & O 200 Breaststroke Prelim 18. Male 13 & O 200 Breaststroke Prelim 19. Female 13 & O 100 Backstroke Prelim 20. Male 13 & O 100 Backstroke Prelim 21. Female 13 & O 200 IM Prelim 22. Male 13 & O 200 IM Prelim	23. Mixed 12 & U 200 Freestyle 24. Mixed 12 & U 100 Butterfly 25. Mixed 12 & U 200 Breaststroke 26. Mixed 12 & U 100 Backstroke 27. Mixed 12 & U 200 IM 101. Female 12 & U SKINS Finals 102. Male 12 & U SKINS Finals	11. Female 12 & O 400 IM (Fastest 10 Final) 12. Male 12 & O 400 IM (Fastest 10 Final) 13. Female 13 & O 200 Freestyle Finals 14. Male 13 & O 200 Freestyle Finals 15. Female 13 & O 100 Butterfly Finals 16. Male 13 & O 100 Butterfly Finals 17. Female 13 & O 200 Breaststroke Finals 18. Male 13 & O 200 Breaststroke Finals 19. Female 13 & O 100 Backstroke Finals 20. Male 13 & O 100 Backstroke Finals 21. Female 13 & O 200 IM Finals 22. Male 13 & O 200 IM Finals 103 Female 13-14 SKINS Finals 104 Male 13-14 SKINS Finals

Sunday 29 <sup>th</sup> January	Sunday 29 <sup>th</sup> January	Sunday 29 <sup>th</sup> January
Session 6	Session 7	Session 8
13 & Over Prelims	12 & Under Timed Finals	13 & Over Finals
Warm Up: 8:00am Start: 8:45am	Warm Up: 12:30pm Start: 1:15pm	Warm Up: 4:00pm Start: 4:45pm
28. Female 12 & O 400 Free (Fastest 10 athletes racing in Session 8) 29. Male 12 & O 400 Free (Fastest 10 athletes racing in Session 8) 30. Female 13 & O 100 Breaststroke Prelim 31. Male 13 & O 100 Breaststroke Prelim 32. Female 12 & O 200 Butterfly Prelim 33. Male 12 & O 200 Butterfly Prelim 34. Female 13 & O 100 Freestyle Prelim 35. Male 13 & O 100 Freestyle Prelim 36. Female 13 & O 200 Backstroke Prelim 37. Male 13 & O 200 Backstroke Prelim 105 Female 15-16 SKINS Finals 106 Male 15-16 SKINS Finals	38. Mixed 12 & U 100 Breaststroke 39. Mixed 12 & U 100 Freestyle 40. Mixed 12 & U 200 Backstroke 41. Mixed 12 & U 100 IM	28. Female 12 & O 400 Freestyle (Fastest 10 Final) 29. Male 12 & O 400 Freestyle (Fastest 10 Final) 30. Female 13 & O 100 Breaststroke Finals 31. Male 13 & O 100 Breaststroke Finals 32. Female 12 & O 200 Butterfly Finals 33. Male 12 & O 200 Butterfly Finals 34. Female 13 & O 100 Freestyle Finals 35. Male 13 & O 100 Freestyle Finals 36. Female 13 & O 200 Backstroke Finals 37. Male 13 & O 200 Backstroke Finals 107 Female 17&O SKINS Finals 108 Male 17&O SKINS Finals