



PO Box 75-735 Manurewa

Phone 027-291-9435

Email [swimmingcountiesmanukau@gmail.com](mailto:swimmingcountiesmanukau@gmail.com)

Web [www.swiminfo.co.nz](http://www.swiminfo.co.nz)

## 2019 COUNTIES JUNIOR SHORTCOURSE CHAMPS

**DATE:** Saturday 19<sup>th</sup> & Sunday 20<sup>th</sup> October 2019.

Manurewa Pool and Leisure Centre,  
Sykes Road, Manurewa.

**Entries Close: Tuesday 15<sup>th</sup> October 2019 11-59 pm.**

**Entries without TIMES WILL NOT be accepted. Late Entries may NOT be accepted.**

**All Events 12 & under Timed Finals - Max 6 entries per Swimmer. - Pool depth = 2m**

### **SESSION ONE** - Saturday 19<sup>th</sup> October 2019

#### **Warm up 2-30 pm**

#### **Start 3-00 pm**

#### **Male**

#### **Female**

- |  |                            |
|--|----------------------------|
| 1. 50m Butterfly   | 2. 50m Butterfly           |
| 3. 100m Breaststroke   | 4. 100m Breaststroke       |
| 5. 200m Backstroke   | 6. 200m Backstroke         |
| 7. 50m Freestyle   | 8. 50m Freestyle           |
| 9. 100m Freestyle  | 10. 100m Freestyle         |
| 11. 100m Individual Medley                                       | 12. 100m Individual Medley |
| 13. 4 x 50m Mixed Medley Relay (1 Male + 1 Female + 2 of either) |                            |

### **SESSION TWO** - Sunday 20<sup>th</sup> October 2019

#### **Warm up 11-30 am**

#### **Start 12-00 pm**

#### **Male**

#### **Female**

- |   |                            |
|---|----------------------------|
| 15. 50m Breaststroke  | 16. 50m Breaststroke       |
| 17. 100m Butterfly  | 18. 100m Butterfly         |
| 19. 200m Freestyle  | 20. 200m Freestyle         |
| 21. 50m Backstroke  | 22. 50m Backstroke         |
| 23. 200m Breaststroke   | 24. 200m Breaststroke      |
| 25. 100m Backstroke   | 26. 100m Backstroke        |
| 27. 200m Individual Medley                                    | 28. 200m Individual Medley |
| 29. 4 x 50m Mixed Freestyle (1 Male + 1 Female + 2 of either) |                            |

# **MEET CONDITIONS**

## **Qualifying Times (Short Course)**

**50m and 100m events have very slow qualifying times**

	12 years	11 years	10 & Under
200m Freestyle	2:44.00	2:53.00	3:08.00
200m Backstroke	3:07.00	3:17.00	3:33.00
200m Breaststroke	3:30.00	3:42.00	4:08.00
200m Individual Medley	3:08.00	3:18.00	3:34.00

**Meet Supervisor:** Geoff Sibun, Phone (09) 274-4757 or Mob 021-968-512  
Email [Geoffsibun@gmail.com](mailto:Geoffsibun@gmail.com)

**Technical Director:** Keith Melvin, Phone: (09) 268-0907 or Mob 027-482-5519  
Email [kmelvin@xtra.co.nz](mailto:kmelvin@xtra.co.nz)

**ENTRIES:** For registered members of SNZ in both Individual and Relay events will be through the Swimming New Zealand membership database. Information on entries from international teams Please Contact the organizers directly.  
For individuals entering online payment will be by Credit/Debit Card Only.  
If a Credit/Debit Card is not available please contact your Club.  
Bank Account No 12-3083-0214170-00 Use Club Code for Reference (e.g. AQSCO)

**AGE:** As at the First day of the Meet.

**OPEN:** Online entries will open on 1st September 2019.

**CLOSE:** Saturday 12<sup>th</sup> October 2019. Late Entries may NOT be accepted.

All times to be converted to short course times.

Entries with No Times WILL NOT be accepted.

Maximum 6 entries per Swimmer.

**FEES:** \$8.00 per event – Relays \$18-00 per event

**PROGRAMMES:** \$5.00 for the Meet or \$3.00 Per Session - includes Entry to the Pool.  
Also can be downloaded from web page.

**PRIZES:** Time Buster Ribbons.

**Results Age Groups:** 8 & under, 9yrs, 10yrs, 11yrs, 12yrs

50 & 100 m Events - Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for Each Age Group - Female & Male,  
200 m Events - Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for Open only – Female & Male.

MEDALS for BOTH Counties AND Visitors.

TROPHY FOR TOP SWIMMING COUNTIES MANUKAU CLUB.

## **WITHDRAWALS:**

SCM Withdrawal rules will apply as follows:

1. ALL withdrawals must be lodged in writing at least 30 mins prior to the start of that session.
2. An entrant not complying with the above will be deemed a late withdrawal and will be fined \$15.00 per event.

## **REFUNDS:**

Refunds on medical grounds will only be given when a medical certificate, signed by a medical practitioner, is supplied.

**Officials:** All clubs to supply TWO Qualified Timekeepers & TWO I.O.T'S please.  
We also welcome other officials to put their name forward – please supply official's names with entries.

**Para swimmers** are welcome and eligible to compete under IPC Swimming rules. Para swimmers must present their classification card to the Technical Director prior to the commencement of the meet.

**Swimmers with strapping** must provide signed documentation from a health practitioner or physiotherapist to the Technical Director prior to swimming. Any swimmer without signed documentation will not be permitted to swim.

**Technical/Performance Race Suits** Are BANNED - for all junior swimmers (aged 12 years and under) at all Swimming Counties Manukau Meet as from 1<sup>st</sup> January 2019.

## **General Info:**

Swimming Counties Manukau reserves the right to restrict event numbers if entries exceed the nominated time frame.

All events are timed finals however, over the top starts will be implemented.

The pool is certified and, semi-automatic timing will be utilised.

The Championship will be conducted under SNZ's rules, regulations, by-laws and, FINA rules. Swimming Counties Manukau will not be responsible for any loss or damage to personal belongings during this Championship.

Protests must be submitted in writing, on a SNZ Protest Form, by the responsible team leader to the session referee along with \$100.00

All participants must agree to comply with the Sports Anti-Doping Rules

In entering this Championship participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Counties Manukau, their sponsors or others.

ALL photographers must be approved by the Technical Director or Meet Supervisor.

Team Managers Meeting ½ Hour Prior to Start of Each Session