



SOUTH ISLAND SHORT COURSE CHAMPIONSHIPS

22-24 August 2025 · Stadium 2000, Blenheim
Hosted by · Swimming Nelson Marlborough

This competition is designed to offer all registered athletes 12 years & over a short-course racing opportunity with the purpose of crowning South Island Champions in a competitive environment. It also aims to assist athletes in their preparation for the national short-course championships, which will take place in September.

What makes this competition unique is the **Mixed Club Draft Relay**. Up to eight teams can participate, each consisting of 16 athletes, eight females and eight males. Athletes wanting to be considered must apply through the online entry file. Coaches also play a crucial role in the success of this concept, so it is essential to encourage them to complete the availability form before the deadline. For more information, please refer to the Mixed Club Relay Draft document.

Upon entering this competition, all participants have agreed to comply with the Sports Anti-Doping Rules and allow photographs, video, multimedia, or film likenesses taken by accredited photographers to be used for any legitimate purpose by the host region or others that the Makos Zonal Committee has approved.

The host region reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand's designated approval criteria. The pool deck is only for accredited personnel and event volunteers, all other persons are to be seated in the designated seating area/s.

This document may be amended, please check the event page on the host region's website to ensure you have the current version.

FACILITY'S HEALTH AND SAFETY GUIDELINES

Pool Deck: Only essential personnel (Technical Officials and Timekeepers) are allowed on the pool deck during the competition. Coaches are to please remain in their designated area.

General: Be careful around the pool deck as it can get very slippery.

Evacuation Procedure: If the pool requires evacuation, you will be guided by Stadium 200 staff. Please remain calm and follow instructions.

OFFICIALS AND VOLUNTEERS

Officials and volunteers play a vital role in the successful delivery of this competition, so to fortify our ability to achieve success and meet the Swimming NZ designated approval standards, please advise your availability via the **Duty Form**, accessible [here](#).

- The duty form will close on 16 August at 8:00pm, and the Duty Roster will be published on 20 August on the event page.
- A meeting will be held at 8:15am, before the start of session 1, in the Multipurpose Room at the far end of the pool.
- Remember to bring your own water bottle.

COACHES AND TEAM MANAGER ACCREDITATIONS

Clubs must complete the Coaches and Managers form in the Swimming NZ database no later than 20 August.

- Coaches and team managers must be active registered members of Swimming NZ and have a current police vet accreditation accessible on their Swimming NZ profile.
- A how-to guide is available on Swimming Nelson Marlborough's website.

ATHLETE ELIGIBILITY

- Age as of 22 August 2025.
- Age Groups are 12-14 years, 15-16 years, 17 years & over, and Para athletes will be open multi-class.
- The qualification period is between 1 January 2024 and 13 August 2025.
- Open to
 - Swimming NZ members aged 12 years or older who have met the qualifying times from either Approved (designated) or Development meet at the time of the competition.
 - Foreign athletes registered with a World Aquatics swimming federation aged 12 years or older who have met the qualifying criteria.
- Athletes not affiliated with a club in the Makos Zone will be considered visitors.
- The published qualifying times are shown as short course (25m); however, long course times will be accepted and automatically converted during entry.
- Athletes, except para-athletes, may only enter events they have qualified in. Para athletes are not required to meet the qualifying times but must have an available entry time within the qualifying period - No Time (NT) will not be accepted.
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ENTRY DETAILS

Individual Entry Fee per event	\$15.00	Closes Thursday, 14 August 2025, at 11:59pm
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- All entries must be submitted through Fast Lane or the Swimming NZ Database by your Club Administrator.
- **Athletes must enter event 300 (Mixed 25m Freestyle) to be considered for Mixed Club Draft Relay selection (more details below).**
- No late entries will be accepted.
- No split times will be accepted as an athlete's entry time.
- No Time (NT) will not be accepted.
- All outstanding entry fees will be invoiced to each region by the host following the publication of the final Psych Sheets.
- There will be **no refunds** if an athlete withdraws once the final psych sheets have been published. However, medical withdrawals may be considered if a medical certificate or evidence of a positive COVID-19 test is provided within 24 hours of the completion of the competition.

PARA ATHLETES

- Para athletes will be judged using the World Para Swimming Rules and their relevant exceptions.
- Para athletes are not required to meet the qualifying times but must have a valid entry time achieved within the qualifying period - No Time (NT) will not be accepted.
- Prelim Sessions: Para athletes will be seeded amongst their able-bodied peers.
- Final Sessions: Para athletes will compete in mixed-gender multi-class events. However, there are limited Para-only finals available, see the event schedule.
- If a Para athlete makes an able-bodied final, they may swim in that final, but should they make both able-bodied and Para finals in the same event, they must choose which final they will compete in and notify the Meet Recorder by the end of the prelim session.
- Medals will be distributed based on a percentage of the Para athlete's time compared to the World Record for their classification for Timed Final events and Para only Final events.

MIXED DRAFT RELAY

- **Athletes must enter event 300 (Mixed 25m Freestyle) to be considered for Mixed Club Draft Relay selection.**
- There is a maximum of eight teams, each comprising sixteen athletes: 8 females and 8 males.
- Athletes will be advised prior to session one warm-up of team selections.
- Each team member will be supplied with a different coloured cap.
- Coaches wishing to be considered for selection must complete their availability **here** no later than Thursday, 14 August.
- To view the full Mixed Club Relay Draft process, click [here](#).

EVENT REPORTS

- Draft Reports will include a Team Entry List, the Psych Sheets, Session Timelines, and the Duty Roster.
- Draft reports will be emailed directly to all registered participants and their affiliated clubs following the close of entries.
- Entry corrections must be submitted no later than 8:00pm on Saturday, 16 August.
- Final reports will be published on Swimming Nelson Marlborough's [website](#) no later than Monday, 18 August.
- The Meet Programme will be published on the website no later than Wednesday, 20 August.
 - Note the published programme will contain the event information and the morning heats only.
 - The evening programmes will be available on Swimming Nelson Marlborough's, [event](#) page, and a paper copy will be available for clubs to pick up at the start of the evening warmup.

MEET CONDITIONS

- This competition will be swum short course (25m) using electronic timing, over-the-top starts, and under Swimming NZ swimming rules, policies, and regulations except for the conditions outlined in this document.
- A maximum of two (2) visitors may progress from prelims to finals in any one event. However, there are unlimited visitor numbers for all timed final events.
- Swimming Nelson Marlborough's [Swimwear Policy](#) will be enforced.

Individual Events

- Prelims will be seeded based on the athlete's entry time and swum from slowest to fastest.
- Finals will be the top ten male and top ten female age group athletes based on prelim times.
- Timed Finals (800m and 1500m Freestyle) will be seeded, based on the athlete's entry time and swum from slowest to fastest, with the fastest Timed Final being swum in the final session.

Withdrawal Procedure

- Any athlete or team withdrawing from a timed final OR a final after the below-mentioned deadlines shall pay, without excuse, a Withdrawal Fee of \$50.00.
 - **Heats:** No penalty will be applied for a withdrawal or DNS for a heat swim.
 - **Timed Finals:** The Meet Recorder must be advised by the end of the session preceding the start of the timed-final event.
 - **Finals:** An athlete or team withdrawing (scratching) from a final must do so within 30 minutes of the results being posted/published from the event where the qualification occurred.

Protests

- Protests must be submitted to the Referee, in writing, on the protest form by the team manager within 30 minutes following the respective event's conclusion and accompanied in cash by the \$100.00 protest fee.
- If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- All protests shall be considered by the Referee. If the Referee rejects the protest, they must state the reasons for their decision.
- The Club Team Manager may appeal the rejection to the Jury of Appeal, whose decision shall be final. If the protest is rejected, the fee will be forfeited to the host region, If the protest is upheld, the fee will be returned.

Strapping

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Referee prior to swimming. Any athlete without such documentation will not be permitted to swim with strapping.

ADDITIONAL INFORMATION

Warm-Up and Warm-Down Procedure

- Warmup is to be conducted under the consultation and guidance of all coaches.
- Warmup commences 45 minutes prior to the start of each session.
- Backstroke start devices will be available for use during each warmup period.
- Warm-down space will be available in the recreation pool from the start of each session.

Marshalling Process

- Located in the Multipurpose room at far end of pool.
- Athletes must remain in the marshalling area until their heat.
- Athletes are to marshal 6 races before their own for all 50m events and 4 races before their heat for all other events.

Seating Plan

- The seating plan will be published in the Meet Programme.
- Team Managers are asked to ensure athletes with allocated seating do not procure additional seats.
- No athlete, manager or coach is to stand and/or sit on the pool deck during the competition sessions, use the seating available in the designated areas.

Presentation Ceremonies

- Refer to the session timeline for the ceremonies, every endeavour will be made to run as timetabled.
- Substitutes may be used if athletes are marshalling; however, they must be of the same gender as the athlete receiving the medal.
- No caps, goggles, or towels (wrapped around the waist) to be worn.
- Athletes must advise the presentation official they are present.

AWARDS AND SCORING

- Visitors/athletes not affiliated with a club aligned with the Makos zone, are not eligible for medals.

Medals will be awarded to both female and male athletes as follows;

- **Timed Finals:** top three (3) times per age group
- **Finals:** top three (3) times per age group
- **Para Medals** will be distributed based on a percentage of the Para athlete's time compared to the NZ Para Record for their classification for Timed Finals and Para only Finals.
- **Overall:** the fastest overall time swam by a male and female athlete in each event.

Mixed Club Draft Relay: Cash prizes will be awarded to the top 3 teams based on the highest accumulated points.

1 st Placed Team	2 nd Placed Team	3 rd Placed Team
\$800.00	\$480.00	\$320.00

Points will be awarded to individual events for male and female athletes.

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
10	8	6	5	4	3	2	1

Trophies

- **Regional Trophy:** Individual points will be accumulated over the competition and then divided by the number of competitors from the region (para-athletes excluded) at the commencement of the competition to find the overall regional winner.
- **Club Trophy:** Club points shall be accumulated over the competition, trophies awarded to the club with 11 or more athletes and the club with 10 or fewer athletes, based on competitors' numbers at the commencement of the competition, that accumulates the most points.

TEAM MANAGER INFORMATION

Team Manager's Meeting will be held on Friday, 22 August, in the Multipurpose Room at 8:00am. Each club must have at least one representative at the meeting to ensure all information is delivered back to the team. Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.

Results will be posted as soon as possible, at the far end of the main pool on the glass windows. Meet Mobile will be active, and at the conclusion of each session, the results will be published on the event page.

Session Timelines will be included in the Meet Programme. The times indicated are approximate only, racing may start before or after the times indicated.

Disqualifications will be announced (when possible), and a copy will be available for collection from the Recorders table.

Meet Programmes will be available for printing on the meet page.

- The initial programme will only contain the event information and morning heats.
- Once finalised, the afternoon programme will be published on Swimming Nelson Marlborough's meets page, and a paper copy will be available for each club to pick up at the start of the afternoon warmup session based on

2 programs for teams with 1-10 athletes
3 programs for teams with 11-20 athletes

4 programs for teams with 21-30 athletes
5 programs for teams with 31+ athletes

KEY DATE REMINDERS

Thursday, 14 August at 11:59pm	Individual entries, including the Mixed Club Draft Relay (event 300), close.
Saturday, 16 August at 8:00pm	Entry corrections and the Duty Form closes.
Monday, 18 August	Publication of the final documents, including the Psych Sheets.
Wednesday, 20 August	Coaches and Managers form close, and the Meet Programme and Duty Roster are Published.
Friday, 22 August	Warm-up from 7:30am, with meetings for Team Managers at 8:00am, the Officials meeting at 8:15am, and racing commencing at 8:45am