

**2025 SCWC Regional Meet - 23/01/2025 to 26/01/2025****Session Report**

## Session: 1 Session 1 Distance Free

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 12 & Over 800 Freestyle	65	7 u	06:00 PM	_____
Finals	2 Mixed 12 & Over 1500 Freestyle	15	2 u	07:24 PM	_____
	Swimmers Counts for Warm-ups: 80	=====	=====		
	Entry / Heat Totals:	80	9		
	Finish Time			08:09 PM	_____

## Session: 2 Session 2 Sprint Events

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Women 50 Butterfly	97	10 u	05:30 PM	_____
Finals	4 Men 50 Butterfly	114	12 u	05:44 PM	_____
Finals	5 Women 50 Backstroke	102	11 u	06:00 PM	_____
Finals	6 Men 50 Backstroke	103	11 u	06:18 PM	_____
Finals	7 Women 50 Breaststroke	96	10 u	06:36 PM	_____
Finals	8 Men 50 Breaststroke	105	11 u	06:51 PM	_____
Finals	9 Women 50 Freestyle	114	12 u	07:08 PM	_____
Finals	10 Men 50 Freestyle	128	13 u	07:23 PM	_____
	Swimmers Counts for Warm-ups: 273	=====	=====		
	Entry / Heat Totals:	859	90		
	Finish Time			07:40 PM	_____

## Session: 3 Session 3 13 &amp; 0 Prelims

Day of Meet: 3 Starts at 09:15 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	11 Women 12 & Over 400 IM	1	1 u	09:15 AM	_____
Finals-S	12 Men 12 & Over 400 IM	0	0	09:25 AM	_____
Prelims	13 Women 13 & Over 200 Freestyle	45	5 u	09:25 AM	_____
Prelims	14 Men 13 & Over 200 Freestyle	47	5 u	09:42 AM	_____
Prelims	15 Women 13 & Over 100 Butterfly	24	3 u	09:58 AM	_____
Prelims	16 Men 13 & Over 100 Butterfly	28	3 u	10:04 AM	_____
Prelims	18 Women 13 & Over 200 Breaststroke	13	2 u	10:10 AM	_____
Prelims	19 Men 13 & Over 200 Breaststroke	17	2 u	10:18 AM	_____
Prelims	20 Women 13 & Over 100 Backstroke	41	5 u	10:26 AM	_____
Prelims	21 Men 13 & Over 100 Backstroke	37	4 u	10:38 AM	_____
Prelims	23 Women 13 & Over 200 IM	38	4 u	10:47 AM	_____
Prelims	24 Men 13 & Over 200 IM	39	4 u	11:03 AM	_____
	Swimmers Counts for Warm-ups: 168	=====	=====		
	Entry / Heat Totals:	330	38		
	Finish Time			11:16 AM	_____

**2025 SCWC Regional Meet 12 & U Section - 23/01/2025 to 26/01/2025**

**Session Report**

Session: 4 Session 4 12 & U Timed Finals

Day of Meet: 3 Starts at 01:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Mixed 12 & Under 200 Freestyle	54	7 u	01:45 PM	_____
Finals	27 Mixed 12 & Under 100 Butterfly	16	2 u	02:10 PM	_____
Finals	28 Mixed 12 & Under 200 Breaststroke	17	3 u	02:14 PM	_____
Finals	29 Mixed 12 & Under 100 Backstroke	53	7 u	02:26 PM	_____
Finals	30 Mixed 12 & Under 200 IM	33	5 u	02:42 PM	_____
Finals	101A Women 12 & Under 50 IM Skins Rd 1	0	0	03:02 PM	_____
Finals	102A Men 12 & Under 50 IM Skins Rd 1	0	0	03:02 PM	_____
Finals	101B Women 12 & Under 50 Breaststroke Skins Rd 2	0	0	03:02 PM	_____
Finals	102B Men 12 & Under 50 Breaststroke Skins Rd 2	0	0	03:02 PM	_____
Finals	101C Women 12 & Under 50 Freestyle Skins Rd 3	0	0	03:02 PM	_____
Finals	102C Men 12 & Under 50 Freestyle Skins Rd 3	0	0	03:02 PM	_____
Finals	101D Women 12 & Under 50 IM Skins Rd 4	0	0	03:02 PM	_____
Finals	102D Men 12 & Under 50 IM Skins Rd 4	0	0	03:02 PM	_____
Finals	101E Women 12 & Under 50 Backstroke Skins Rd 5	0	0	03:02 PM	_____
Finals	102E Men 12 & Under 50 Backstroke Skins Rd 5	0	0	03:02 PM	_____
Finals	101F Women 12 & Under 50 Butterfly Skins Final	0	0	03:02 PM	_____
Finals	102F Men 12 & Under 50 Butterfly Skins Finals	0	0	03:02 PM	_____
	Swimmers Counts for Warm-ups: 79	====	====		
	Entry / Heat Totals:	173	24		
	Finish Time			03:02 PM	_____

**2025 SCWC Regional Meet - 23/01/2025 to 26/01/2025****Session Report**

Session: 5 Session 5 13 &amp; O Finals

Day of Meet: 3 Starts at 04:45 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-1	11 Women 12 & Over 400 IM	10	1 u	04:45 PM	_____
Finals-1	12 Men 12 & Over 400 IM	10	1 u	04:55 PM	_____
Finals	13 Women 13 & Over 200 Freestyle	30	3 u	05:02 PM	_____
Finals	14 Men 13 & Over 200 Freestyle	30	3 u	05:12 PM	_____
Finals	15 Women 13 & Over 100 Butterfly	24	3 u	05:20 PM	_____
Finals	16 Men 13 & Over 100 Butterfly	28	3 u	05:26 PM	_____
Finals	17 Mixed 13 & Over 100 Butterfly	0	6 u	05:32 PM	_____
Finals	18 Women 13 & Over 200 Breaststroke	13	3 u	05:46 PM	_____
Finals	19 Men 13 & Over 200 Breaststroke	17	3 u	05:58 PM	_____
Finals	20 Women 13 & Over 100 Backstroke	30	3 u	06:09 PM	_____
Finals	21 Men 13 & Over 100 Backstroke	30	3 u	06:16 PM	_____
Finals	22 Mixed 13 & Over 100 Backstroke	0	6 u	06:22 PM	_____
Finals	23 Women 13 & Over 200 IM	30	3 u	06:38 PM	_____
Finals	24 Men 13 & Over 200 IM	30	3 u	06:48 PM	_____
Finals	25 Mixed 13 & Over 200 IM	0	6 u	06:57 PM	_____
Finals	103A Women 13-14 50 IM Skins Rd 1	0	0	07:22 PM	_____
Finals	104A Men 13-14 50 IM Skins Rd 1	0	0	07:22 PM	_____
Finals	103B Women 13-14 50 Freestyle Skins Rd 2	0	0	07:22 PM	_____
Finals	104B Men 13-14 50 Freestyle Skins Rd 2	0	0	07:22 PM	_____
Finals	103C Women 13-14 50 IM Skins Rd 3	0	0	07:22 PM	_____
Finals	104C Men 13-14 50 IM Skins Rd 3	0	0	07:22 PM	_____
Finals	103D Women 13-14 50 Backstroke Skins Rd 4	0	0	07:22 PM	_____
Finals	104D Men 13-14 50 Backstroke Skins Rd 4	0	0	07:22 PM	_____
Finals	103E Women 13-14 50 Breaststroke Skins Rd 5	0	0	07:22 PM	_____
Finals	104E Men 13-14 50 Breaststroke Skins Rd 5	0	0	07:22 PM	_____
Finals	103F Women 13-14 50 Butterfly Skins Final	0	0	07:22 PM	_____
Finals	104F Men 13-14 50 Butterfly Skins Finals	0	0	07:22 PM	_____
	Swimmers Counts for Warm-ups: 153	=====	=====		
	Entry / Heat Totals:	282	50		
	Finish Time			07:22 PM	_____

**2025 SCWC Regional Meet - 23/01/2025 to 26/01/2025**

**Session Report**

Session: 6 Session 6 13 & 0 Prelims

Day of Meet: 4 Starts at 08:45 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	31 Women 13 & Over 400 Freestyle	15	2 u	08:45 AM	_____
Finals-S	32 Men 13 & Over 400 Freestyle	11	2 u	09:00 AM	_____
Prelims	33 Women 13 & Over 100 Breaststroke	23	3 u	09:11 AM	_____
Prelims	34 Men 13 & Over 100 Breaststroke	31	4 u	09:19 AM	_____
Prelims	36 Women 12 & Over 200 Butterfly	6	1 u	09:28 AM	_____
Prelims	37 Men 12 & Over 200 Butterfly	8	1 u	09:32 AM	_____
Prelims	38 Women 13 & Over 100 Freestyle	53	6 u	09:37 AM	_____
Prelims	39 Men 13 & Over 100 Freestyle	56	6 u	09:48 AM	_____
Prelims	41 Women 13 & Over 200 Backstroke	30	3 u	09:59 AM	_____
Prelims	42 Men 13 & Over 200 Backstroke	22	3 u	10:11 AM	_____
Finals	105A Women 15-16 50 Breaststroke Skins Rd 1	0	0	10:22 AM	_____
Finals	106A Men 15-16 50 Breaststroke Skins Rd 1	0	0	10:22 AM	_____
Finals	105B Women 15-16 50 IM Skins Rd 2	0	0	10:22 AM	_____
Finals	106B Men 15-16 50 IM Skins Rd 2	0	0	10:22 AM	_____
Finals	105C Women 15-16 50 Freestyle Skins Rd 3	0	0	10:22 AM	_____
Finals	106C Men 15-16 50 Freestyle Skins Rd 3	0	0	10:22 AM	_____
Finals	105D Women 15-16 50 IM Skins Rd 4	0	0	10:22 AM	_____
Finals	106D Men 15-16 50 IM Skins Rd 4	0	0	10:22 AM	_____
Finals	105E Women 15-16 50 Backstroke Skins Rd 5	0	0	10:22 AM	_____
Finals	106E Men 15-16 50 Backstroke Skins Rd 5	0	0	10:22 AM	_____
Finals	105F Women 15-16 50 IM Skins Final	0	0	10:22 AM	_____
Finals	106F Men 15-16 50 IM Skins Final	0	0	10:22 AM	_____
	Swimmers Counts for Warm-ups: 156	=====	=====		
	Entry / Heat Totals:	255	31		
	Finish Time			10:22 AM	_____

**2025 SCWC Regional Meet 12 & U Section - 23/01/2025 to 26/01/2025**

**Session Report**

Session: 7 Session 7 12 & U Timed Finals

Day of Meet: 4 Starts at 01:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	43 Mixed 12 & Under 100 Breaststroke	50	7 u	01:45 PM	_____
Finals	44 Mixed 12 & Under 100 Freestyle	55	7 u	02:01 PM	_____
Finals	45 Mixed 12 & Under 200 Backstroke	15	2 u	02:14 PM	_____
Finals	46 Mixed 12 & Under 100 IM	52	7 u	02:22 PM	_____
Finals	47 Mixed 12 & Under 400 Freestyle	23	3 u	02:36 PM	_____
	Swimmers Counts for Warm-ups: 86	=====	=====		
	Entry / Heat Totals:	195	26		
	Finish Time			02:54 PM	_____

**2025 SCWC Regional Meet - 23/01/2025 to 26/01/2025**

**Session Report**

Session: 8 Session 8 13 & O Finals

Day of Meet: 4 Starts at 04:45 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	31 Women 13 & Over 400 Freestyle	10	1 u	04:45 PM	_____
Finals-1	32 Men 13 & Over 400 Freestyle	10	1 u	04:53 PM	_____
Finals	33 Women 13 & Over 100 Breaststroke	23	3 u	04:58 PM	_____
Finals	34 Men 13 & Over 100 Breaststroke	30	3 u	05:05 PM	_____
Finals	35 Mixed 13 & Over 100 Breaststroke	0	6 u	05:12 PM	_____
Finals	36 Women 12 & Over 200 Butterfly	6	3 u	05:26 PM	_____
Finals	37 Men 12 & Over 200 Butterfly	8	3 u	05:37 PM	_____
Finals	38 Women 13 & Over 100 Freestyle	30	3 u	05:47 PM	_____
Finals	39 Men 13 & Over 100 Freestyle	30	3 u	05:52 PM	_____
Finals	40 Mixed 13 & Over 100 Freestyle	0	6 u	05:57 PM	_____
Finals	41 Women 13 & Over 200 Backstroke	30	3 u	06:11 PM	_____
Finals	42 Men 13 & Over 200 Backstroke	22	3 u	06:22 PM	_____
Finals	107A Women 17 & Over 50 Backstroke Skins Rd 1	0	0	06:32 PM	_____
Finals	108A Men 17 & Over 50 Backstroke Skins Rd 1	0	0	06:32 PM	_____
Finals	107B Women 17 & Over 50 Butterfly Skins Rd 2	0	0	06:32 PM	_____
Finals	108B Men 17 & Over 50 Butterfly Skins Rd 2	0	0	06:32 PM	_____
Finals	107C Women 17 & Over 50 IM Skins Rd 3	0	0	06:32 PM	_____
Finals	108C Men 17 & Over 50 IM Skins Rd 3	0	0	06:32 PM	_____
Finals	107D Women 17 & Over 50 IM Skins Rd 4	0	0	06:32 PM	_____
Finals	108D Men 17 & Over 50 IM Skins Rd 4	0	0	06:32 PM	_____
Finals	107E Women 17 & Over 50 Freestyle Skins Rd 5	0	0	06:32 PM	_____
Finals	108E Men 17 & Over 50 Freestyle Skins Rd 5	0	0	06:32 PM	_____
Finals	107F Women 17 & Over 50 IM Skins Final	0	0	06:32 PM	_____
Finals	108F Men 17 & Over 50 IM Skins Final	0	0	06:32 PM	_____
	Swimmers Counts for Warm-ups: 143	=====	=====		
	Entry / Heat Totals:	199	38		
	Finish Time			06:32 PM	_____