

DAY 1 WEDNESDAY 17TH APRIL			
Time	HEATS COMMENCE: 10:00AM		
10:00 AM	1	Men's 400m Freestyle MC	H
10:13 AM	2	Women's 400m Freestyle MC	H
10:35 AM	3	Men's 100m Breaststroke	H
10:50 AM	4	Women's 200m IM	H
11:03 AM	5	Men's 50m Butterfly	H
11:17 AM	6	Men's 200m Freestyle MC	H
11:28 AM	7	Women's 200m Freestyle MC	H
11:43 AM	8	Women's 100m Freestyle	H
11:59 AM	9	Men's 400m Freestyle	H
12:23 PM	10	Women's 50m Breaststroke	H
12:36 PM	11	Men's 50m Butterfly MC	H
12:40 PM	12	Women's 50 Butterfly MC	H
12:44 PM	13	Men's 200m Backstroke	H
12:58 PM	14	Women's 800m Freestyle TF	TF
<b>SESSION ENDS: 1:19 PM</b>			

DAY 2 THURSDAY 18TH APRIL			
Time	HEATS COMMENCE: 10:00AM		
10:00 AM	16	Women's 100m Butterfly MC	H
10:05 AM	17	Men's 100m Butterfly MC	H
10:11 AM	18	Women's 400m IM	H
10:29 AM	19	Men's 200m Freestyle	H
10:50 AM	20	Women's 100m Backstroke	H
11:04 AM	21	Women's 50m Breaststroke MC	H
11:10 AM	22	Men's 50m Breaststroke MC	H
11:13 AM	23	Women's 50m Freestyle	H
11:27 AM	24	Men's 200m Breaststroke	H
11:43 AM	25	Women's 200m Butterfly	H
11:53 AM	26	Women's 100m Backstroke MC	H
12:04 PM	27	Men's 100m Backstroke MC	H
12:10 PM	28	Men's 50m Backstroke	H
12:20 PM	29	Women's 100m Breaststroke	H
12:36 PM	30	Men's 1500m Freestyle TF	TF
<b>SESSION ENDS: 12:54 PM</b>			

DAY 3 FRIDAY 19TH APRIL			
Time	HEATS COMMENCE: 10:00AM		
10:00 AM	33	Men's 200m IM MC	H
10:12 AM	34	Women's 200m IM MC	H
10:22 AM	35	Men's 200m IM	H
10:33 AM	36	Women's 200m Breaststroke	H
10:54 AM	37	Men's 50m Freestyle	H
11:06 AM	38	Women's 50m Backstroke	H
11:16 AM	39	Men's 100m Butterfly	H
11:30 AM	40	Women's 400m Freestyle	H
12:01 PM	41	Men's 100m Freestyle MC	H
12:09 PM	42	Women's 100m Freestyle MC	H
12:18 PM	43	Men's 100m Backstroke	H
12:29 PM	44	Women's 50 Butterfly	H
12:39 PM	45	Men's 800m Freestyle TF	TF
12:48 PM	46	Men's 50m Backstroke MC	H
12:52 PM	47	Women's 50m Backstroke MC	H
<b>SESSION ENDS: 1:01 PM</b>			

DAY 4 SATURDAY 20TH APRIL			
Time	HEATS COMMENCE: 10:00AM		
10:00 AM	50	Women's 100m Breaststroke MC	H
10:10 AM	51	Men's 100m Breaststroke MC	H
10:15 AM	52	Men's 100m Freestyle	H
10:37 AM	53	Women's 200m Freestyle	H
10:57 AM	54	Men's 400m IM	H
11:08 AM	55	Women's 150m IM MC	H
11:08 AM	56	Men's 150m IM MC	H
11:08 AM	57	Men's 50m Breaststroke	H
11:18 AM	58	Men's 200m Butterfly	H
11:33 AM	59	Women's 200m Backstroke	H
11:55 AM	60	Women's 50m Freestyle MC	H
12:00 PM	61	Men's Freestyle 50m MC	H
12:05 PM	62	Women's 100m Butterfly	H
12:16 PM	63	Women's 1500m Freestyle TF	TF
<b>SESSION ENDS: 12:36 PM</b>			

To be used as a GUIDELINE ONLY

\*Meet Mobile results are **provisional only**

\*\*MC Events will be swum as Open Heats and Finals.

\*\*\* B Finals for all 50m, 100m and 200m events will be run after Age Finals (able-body) and after A Finals (MC) provided at least 24 swimmers contest the heats