



# **2026** **CANTERBURY WEST COAST** **CHAMPIONSHIPS**

**Session 1: Friday, 23<sup>rd</sup> January 2026 - Warm up 7:00am, Start 8:00am**  
Duty Clubs: WHARENUI, SWIM TIMARU

**Session 2; Friday 23<sup>rd</sup> January 2026 – Warm up 4:00pm Start 5:00pm**  
Duty Clubs: NTH CANTERBURY, TRITON

**Session 3: Saturday, 24<sup>th</sup> January 2026 - Warm up 7:30am, Start 8:30am**  
Duty Clubs: JASI, QEII

**Session 4: Saturday, 24<sup>th</sup> January 2026 - Warm up 3:00pm, Start 4:00pm**  
Duty Clubs: VIKINGS, DRAGON

**Session 5: Sunday, 25<sup>th</sup> January 2026 - Warm up 7:30am, Start 8:30am**  
Duty Clubs: SELWYN, ASHBURTON

**Session 6: Sunday, 25<sup>th</sup> January 2026 - Warm up 3:00pm, Start 4:00pm**  
Duty Clubs: WAITAHA, AQUAGYM

**at Parakiore 50m**

**This is a SNZ Officiated Meet**

## **CONDITIONS OF ENTRY**

1. All registered competitive swimmers are eligible to enter.
2. Age as at 23<sup>rd</sup> January 2026. Entry is restricted to swimmers who meet the qualifying standards.
3. ENTRY FEES: \$16 per individual event (including SCWC levy of \$1) and \$20.00 per relay event GST inclusive.
4. Entries close midnight Wednesday 14<sup>th</sup> January 2026. All individual entries are to be completed ONLINE only through the Swimming NZ database. Individual entries are paid during the online process. Club entries will be invoiced based on entries processed as at Wednesday 14<sup>th</sup> January 2026
5. Relays may be entered online until midnight Thursday 15<sup>th</sup> January 2026
6. There will be no refunds on entry fees except as per the scratching rules.
7. NO LATE ENTRIES WILL BE ACCEPTED.
8. Qualifying times are 50m times only. Converted short course times may be used.
9. To enter the SCWC Championships a swimmer must achieve the qualifying times during the qualifying period between 1st January 2024 and 22<sup>nd</sup> January 2026.
10. SCWC reserves the right to restrict entries to ensure the timeline and the Health and Safety requirements of the venue are adhered to.
11. Submission of entries constitutes acceptance of these Meet rules and Conditions.

12. Confirmation of entries will be sent to clubs by Friday 16<sup>th</sup> January 2026. Clubs are to check swimmers entries, events and times are correct. Any changes must be sent to [admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz) by Monday 19<sup>th</sup> January 2025 prior to the Psych Sheets being posted on the SCWC website.
13. Athletes from other regions are eligible to enter and will be treated as visitors. There will be a maximum of two visitors per final.
14. Para Swimmers are eligible to compete at this event and will compete under IPC Swimming Rules. They will be seeded in the heats with the able bodied swimmers according to their entry times.
15. Para swimmers are eligible for the following events 50m & 100m all strokes, 200m freestyle and 200IM for all classifications; 400m freestyle for S6 and above. One Open final for Para swimmers will be swum in these events, if required. Para only events will be resulted as Open events using the Para Swimming Points System. Medals will be awarded to the top 3 male and top 3 female swimmers.  
There will be no qualifying times for Para events but athletes must have a time (ie. No NTs)  
Para Swimmers can also enter any other event under the same conditions as able bodied swimmers ie. if they have the qualifying time but there will be no Para only final.
16. Age Groups for individuals are: 10 & u, 11-12yrs, 13-14yrs, 15-16yrs, 17yrs & over.  
Age Groups for relays are: 12yrs and u, 13-14yrs, 15-16 yrs and Open.

*Note: Senior swimmers who work and cannot swim in the morning heats may enter events in the finals sessions as exhibition swimmers if there are spare lanes. If there is an excess of swimmers wanting to swim exhibition there will be a draw held to choose who can swim. Swimmers competing as exhibition swimmers only are not eligible for relays. Clubs are to advise with their entries in writing if any of their swimmers wish to enter under this clause.*

## **RULES OF THE CHAMPIONSHIPS**

1. This meet will be conducted under the Swimming NZ Regulations, SNZ By-Laws and World Aquatics Rules with the exception of local meet rules. The SCWC Technical Suit Policy will be enforced at this meet.
2. All events (except 400m free, 400m IM and 200m Butterfly for the 11-12 yrs swimmers) will be swum as single gender prelims seeded slowest to fastest in the morning with finals for gender/age groups in the evenings as indicated in the program of events. The 400m Freestyle, 400m Individual Medley and 200m Butterfly for the 11-12yrs will be swum as single gender timed finals seeded fastest to slowest.
3. Over the top starts may be used at the discretion of the Referee or Technical Advisor.
4. Reseeding may be done at the discretion of the Referee or Technical Advisor.
5. Entry into the pool for backstroke events shall be feet first. No swim backs permitted.
6. Protests shall be lodged as per SNZ Regulation 4 accompanied by the \$100 fee.
7. Electronic timing will be used at this meet.
8. Please exit the pool at the side. **Do not** swim over the lane ropes.
9. Cameras and Photography

SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings is permitted for use during the meet. Photos remain copyright of the approved/accredited person

## **SCRATCHING/WITHDRAWAL RULE**

1. Late withdrawals will incur a penalty fee of \$50.00
2. Withdrawals for the first session of timed finals will close at 7.00pm on 22<sup>nd</sup> January 2026 with Swimming Canterbury West Coast [admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz)
3. Subsequent timed finals withdrawals will need to be with the Control Room Supervisor by the end of the previous session.
4. Withdrawals from the finals need to be with the CRS 30 minutes after the completion of the event in which the qualification occurred.

## **GENERAL**

1. At the beginning of each race when the whistle is blown there is to be silence and no movement on the pool deck.
2. Swimmers are to leave the pool by the sides when the preceding race has started by swimming **under** the lanes ropes. Swimmers are **not** to exit the pool over the end or touch the pads.
3. The designated warm-up/warm-down area is to be used for warm-up and warm-down **ONLY**.
4. **Warm Up** - Swimmers and coaches must adhere to the official warm-up procedures as per Swimming Canterbury West Coast warm-up procedure guidelines.  
*(Warm-up is the responsibility of the clubs, coaches and swimmers involved. **Officials are not responsible for managing or controlling the warm-up procedures.**)*
5. Marshaling will be in the Marshalling Room at the Dive Well end of the pool and will be indicated on the seating plan. All swimmers should be in the marshalling area four (4) races prior to their event for distances of 200m and under and at least two (2) races prior for the 400m races.

## **RELAYS**

1. All relays are timed finals.
2. All relay swimmers must compete in an individual event at this meet to be eligible to compete in the relays. If a swimmer swims up an age group for a relay in the meet, they may not swim for their own age group relays as well.
3. Any changes to the entered relay swimmers' names or the order in which they are to swim must be with the Control Room 30 minutes prior to the start if the session in which the relay is to be swum.
4. Hollander Cup. 15 swimmers swim 50m freestyle each. Teams must consist of at least one boy and one girl.  
**The Hollander Cup will be swum at the conclusion of the meet, please note that lead-off swims from this relay may not be recorded as official times**
5. Kingdom Cup. Swimmers swim 100m freestyle each. The team can be mixed or single sex.
6. Harris Cup. 5 swimmers swim 50m freestyle each. The team can be mixed or single sex.

## **DUTY CLUBS**

All participating Swimming Canterbury West Coast clubs are expected to assist with normal duty club responsibilities (including catering) during sessions. A list of duties will be sent to clubs.

## **PRIZES**

1. Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in individual events.
2. Visitors' medals will be awarded where necessary
3. Medals for Mixed Open Para events will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> male and female swimmers.
4. Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in the relay events except for relays with trophies. Trophies can only be given to SCWC Clubs - if a visiting club places they will receive medals
5. Points will be awarded from 1<sup>st</sup> to 10<sup>th</sup> place as follows: 18, 14, 12, 10, 8, 6, 4, 3, 2, 1.

## **Fastest World Aquatics Five Points Competition**

The FINA Fastest Five Competition will be conducted under the following rules:

- Age Groups are 14 & under and 15 & over

The World Aquatics Fastest Five Competition will consist of five events, two of which are compulsory:

The 200m Individual Medley (compulsory)  
One other 200m event (Back, Breast, Fly or Free) (compulsory)

Swimmers may then choose any 3 other individual events. Entry forms will be available at the event.

- Normal World Aquatics points will be allocated to all results from heat events and finals
- Only swims from individual events are eligible for the competitions – no relay splits can be used.
- It is the team manager's responsibility to check the results for World Aquatics points.
- Team Managers hand into the recorder the World Aquatics Fastest Dive entry form for the top 5 male and females ONLY from their club 30 minutes after the results from event 154 in session 6 have been posted.
- Total World Aquatics points from all five events will be combined with the top overall male and female points earners awarded the following point money.

**15yrs and Over - 1<sup>st</sup> \$500 2<sup>nd</sup> \$400 3<sup>rd</sup> \$300**

**14yrs and Under - 1<sup>st</sup> \$150 2<sup>nd</sup> \$100 3<sup>rd</sup> \$50**

Prize money will be sent to Clubs after the meet.

## **Bounties**

- Bounties on Swimming Canterbury West Coast long course records are offered and linked to the number of years the record has stood at \$10 per year; ie. breaking a record which has stood for 6 years will earn \$60.
- Bounty prize money is only available to registered Swimming Canterbury West Coast swimmers
- Prize money will only be sent to Clubs after the meet.
- Prize money for relay events will be split between the participants listed with the recorder for that session.

## **Accreditation**

- ALL Coaches and Team Managers are required to register on the Swimming NZ database by **NO LATE THAN MONDAY 19<sup>th</sup> JANUARY 2026**

Entry to pool deck will be RESTRICTED so please ensure you register

**Meet Organiser – Events Committee**

**Officials Convenor – Events Committee**

**Officials Convenor to advise all those officiating at the meet that they are required to report to the referee at the start of warm-up please. Referees, IOTS & the Chief Timekeeper need to report in plenty of time. Earlier than the start of warm-up is preferable.**

**As per the Swimming New Zealand Regulations there is a minimum number and standard of officials required for a meet to be approved as a Designated meet and for the times swum to be accepted for national event qualification. The 'Minimum Officials for Designated Meets' sheet must be completed for each session, signed by the Referee and sent to the region. The region must, within seven (7) days of the completion of the meet forward the meet results and the officials sheet/s to SNZ.**



## Canterbury Championships 2026

### Qualifying times

Canterbury Championships 2026										
Qualifying times										
Female						Male				
10 & U	11 & 12	13 & 14	15 & 16	17 & over	Event	10 & U	11 & 12	13 & 14	15 & 16	17 & over
45	38	35	35	35	<b>50 Free</b>	45	38	34	32	32
1.39.00	1.26.00	1.15.00	1.10.00	1.10.00	<b>100 Free</b>	1.39.00	1.26.00	1.12.00	1.07.50	1.05.00
3.20.00	3.00.00	2.45.00	2.45.00	2.45.00	<b>200 Free</b>	3.20.00	3.00.00	2.40.00	2.40.00	2.40.00
	6.05.00	5.20.00	5.20.00	5.20.00	<b>400 Free</b>		6.05.00	5.20.00	5.10.00	5.10.00
52	45	40	40	40	<b>50 Back</b>	52	45	38	36	36
1.54.00	1.37.00	1.25.00	1.23.00	1.23.00	<b>100 Back</b>	1.54.00	1.37.00	1.23.00	1.20.00	1.20.00
3.47.00	3.30.00	3.00.00	3.00.00	2.54.00	<b>200 Back</b>	3.47.00	3.30.00	2.58.00	2.45.00	2.45.00
1.00.00	50	44	44	44	<b>50 Breast</b>	1.00.00	50	40	40	40
2.14.00	1.50.00	1.35.00	1.35.00	1.35.00	<b>100 Breast</b>	2.14.00	1.50.00	1.30.00	1.30.00	1.23.00
4.30.00	3.58.00	3.22.00	3.20.00	3.15.00	<b>200 Breast</b>	4.30.00	3.58.00	3.20.00	3.12.00	3.10.00
55	48	38	38	38	<b>50 Fly</b>	55	48	35	35	35
2.05.00	1.45.00	1.25.00	1.25.00	1.25.00	<b>100 Fly</b>	2.05.00	1.45.00	1.25.00	1.20.00	1.20.00
	4.04.00	3.25.00	3.25.00	3.25.00	<b>200 Fly</b>		4.04.00	3.20.00	3.20.00	3.20.00
3.50.00	3.33.00	3.10.00	3.00.00	3.00.00	<b>200 IM</b>	3.50.00	3.30.00	3.05.00	2.50.00	2.50.00
	7.10.00	6.30.00	6.20.00	6.20.00	<b>400 IM</b>		7.10.00	6.15.00	6.10.00	6.05.00

## Programme of Events

### Friday 23<sup>rd</sup> January 2026 - Session 1

1	Girls 13-14 200m Freestyle relay	TF
2	Boys 13-14 200m Freestyle relay	TF
3	Women 15-16 200m Freestyle relay	TF
4	Men 15-16 200m Freestyle relay	TF
5	Women Open 4x 50m Freestyle relay	TF
6	Men Open 4x 50m Freestyle relay	TF
7	Girls 400m Freestyle 11-12yrs	TF
8	Women 400m Freestyle 13&O	Prelim
9	Boys 400m Freestyle 11-12yrs	TF
10	Men 400m Freestyle 13&O	Prelim
11	Women 50m Back Open	Prelim
12	Men 200m Backstroke Open	Prelim
13	Girls 200m Butterfly 11-12yrs	TF
14	Women 200m Butterfly 13&O	Prelim
15	Men 100m Butterfly Open	Prelim
16	Women 200m Breast Open	Prelim
17	Men 100m Breast Open	Prelim
18	Women 50m Freestyle Open	Prelim
19	Men 50m Freestyle Open	Prelim
20	Mixed 5x100 freestyle relay Kingdom Cup	TF

### Saturday 24<sup>th</sup> January 2026 - Session 3

23	Girls 13-14 200m Medley Relay	TF
24	Boys 13-14 200m Medley Relay	TF
25	Women 15-16 200m Medley Relay	TF
26	Men 15-16 200m Medley Relay	TF
27	Women Open 4x50m Medley Relay	TF
28	Men Open 4x50m Medley Relay	TF
29	Girls 400m IM 11-12 yrs	TF
30	Women 400m IM 13 & Over	Prelim
31	Men 50m Backstroke Open	Prelim
32	Women 200m Freestyle Open	Prelim
33	Men 200m IM Open	Prelim
34	Women 100m Backstroke Open	Prelim
35	Men 50m Breaststroke Open	Prelim
36	Women 50m Butterfly Open	Prelim
37	Men 100m Freestyle Open	Prelim
38	Women 100m Breaststroke Open	Prelim
39	Men 200m Butterfly 11-12yrs	TF
40	Men 200m Butterfly 13 & Over	Prelim
41	Mixed 5x50m Freestyle Relay Harris Cup	TF

### Friday 23<sup>rd</sup> January 2026 - Session 2

21	Girls 12 & Under 200m Freestyle Relay	TF
22	Boys 12 & Under 200m Freestyle Relay	TF
8	Women 400m Freestyle 13&O	Final
108	Women 400m Freestyle 13&O Multi Class	Final
10	Men 400m Freestyle 13&O	Final
110	Men 400m Freestyle 13&O Multi Class	Final
11	Women 50m Back Open	Final
111	Women 50m Back Open Multi Class	Final
12	Men 200m Backstroke Open	Final
14	Women 200m Butterfly 13&O	Final
15	Men 100m Butterfly Open	Final
115	Men 100m Butterfly Open Multi Class	Final
16	Women 200m Breast Open	Final
17	Men 100m Breast Open	Final
117	Men 100m Breast Open Multi Class	Final
18	Women 50m Freestyle Open	Final
118	Women 50m Freestyle Open Multi Class	Final
19	Men 50m Freestyle Open	Final
119	Men 50m Freestyle Open Multi Class	Final

### Saturday 24<sup>th</sup> January 2026 - Session 4

42	Boys 12 & Under 200m Medley Relay	TF
43	Girls 12 & Under 200m Medley Relay	TF
30	Women 13 & Over 400m IM	Final
31	Men 50m Backstroke Open	Final
131	Men 50m Backstroke Open Multi Class	Final
32	Women 200m Freestyle Open	Final
132	Women 200m Freestyle Open Multi Class	Final
33	Men 200m IM Open	Final
133	Men 200m IM Open Multi Class	Final
34	Women 100m Backstroke	Final
134	Women 100m Backstroke Multi Class	Final
35	Men 50m Breaststroke	Final
135	Men 50m Breaststroke Multi Class	Final
36	Women 50m Butterfly	Final
136	Women 50m Butterfly Multi Class	Final
37	Men 100m Freestyle	Final
137	Men 100m Freestyle Multi Class	Final
38	Women 100m Breaststroke	Final
138	Women 100m Breaststroke Multi Class	Final
40	Men 13 & Over 200m Butterfly	Final

**Sunday 25th January 2026 -  
Session 5**

44	Men 400m IM 11-12yrs	TF
45	Men 400m IM 13 & Over	Prelim
46	Women 100m Butterfly Open	Prelim
47	Men 50m Butterfly Open	Prelim
48	Women 200m Backstroke Open	Prelim
49	Men 100m Backstroke Open	Prelim
50	Women 50m Breaststroke Open	Prelim
51	Men 200m Breaststroke Open	Prelim
52	Women 100m Freestyle Open	Prelim
53	Men 200m Freestyle Open	Prelim
54	Women 200m IM Open	Prelim
55	Men 800m Freestyle Relay	TF
56	Women 800m Freestyle Relay	TF

**Sunday 25th January 2026 -  
Session 6**

45	Men 13 & Over 400 IM	Final
46	Women 100m Butterfly Open	Final
146	Women 100m Butterfly Open Multi Class	Final
47	Men 50m Butterfly Open	Final
147	Men 50m Butterfly Open Multi Class	Final
48	Women 200m Backstroke Open	Final
49	Men 100m Backstroke Open	Final
149	Men 100m Backstroke Open Multi Class	Final
50	Women 50m Breaststroke Open	Final
150	Women 50m Breaststroke Open Multi Class	Final
51	Men 200m Breaststroke Open	Final
52	Women 100m Freestyle Open	Final
152	Women 100m Freestyle Open Multi Class	Final
53	Men 200m Freestyle Open	Final
153	Men 200m Freestyle Open Multi Class	Final
54	Women 200m IM Open	Final
154	Women 200 IM Open Multi Class	Final
57	Mixed 750m Freestyle Relay Hollander Cup	TF

